

# YMCA MAIN POOL SCHEDULE

June 13th – August 25th – 6 LANES X 25 YARDS



| Monday                                      | Tuesday                                     | Wednesday                                   | Thursday                                    | Friday                                   | Saturday                              | Sunday |
|---|---|---|---|--|---------------------------------------|--------|
| 7:00-8:00<br>LAP SWIM/WW<br>ALL LANES       | 7:00-8:00<br>LAP SWIM/WW<br>ALL LANES       | 7:00-8:00<br>LAP SWIM/WW<br>ALL LANES       | 7:00-8:00<br>LAP SWIM/WW<br>ALL LANES       | 7:00-8:00<br>LAP SWIM/WW<br>ALL LANES    |                                       | CLOSED |
| 8:00-9:00<br>SHALLOW<br>WATER AEROBICS      | 8:00-9:00<br>EZ-CARDIO                      | 8:00-9:00<br>SHALLOW<br>WATER AEROBICS      | 8:00-9:00<br>EZ-CARDIO                      | 8:00-9:00<br>SHALLOW<br>WATER AEROBICS   | 8:00-9:30<br>LAP SWIM/WW<br>ALL LANES | CLOSED |
| 8:30-9:30<br>DEEP WATER<br>AEROBICS         | PRIVATE LESSON<br>TIME<br>NO PUBLIC SWIM    | 8:30-9:30<br>DEEP WATER<br>AEROBICS         | PRIVATE LESSON<br>TIME<br>NO PUBLIC SWIM    | 8:30-9:30<br>DEEP WATER<br>AEROBICS      |                                       | CLOSED |
| 10:00-10:45 AM<br>SWIM LESSONS<br>ALL LANES | 10:00-10:45 AM<br>SWIM LESSONS<br>ALL LANES | 10:00-10:45 AM<br>SWIM LESSONS<br>ALL LANES | 10:00-10:45 AM<br>SWIM LESSONS<br>ALL LANES | PRIVATE LESSON<br>TIME<br>NO PUBLIC SWIM |                                       |        |
| 11:00-1:00<br>LAP SWIM/WW<br>ALL LANES      | 11:00-1:00<br>LAP SWIM/WW<br>ALL LANES      | 11:00-1:00<br>LAP SWIM/WW<br>ALL LANES      | 11:00-1:00<br>LAP SWIM/WW<br>ALL LANES      | 11:00-1:00<br>LAP SWIM/WW<br>ALL LANES   |                                       | CLOSED |
| 1:30-3:00PM<br>PUBLIC<br>OPEN SWIM          | 1:30-3:00PM<br>PUBLIC<br>OPEN SWIM          | 1:30-3:00PM<br>PUBLIC<br>OPEN SWIM          | 1:30-3:00PM<br>PUBLIC<br>OPEN SWIM          | 1:30-3:00 PM<br>PUBLIC<br>OPEN SWIM      |                                       | CLOSED |
| 3:30-5:00PM<br>BST<br>NO PUBLIC SWIM        | 3:30-5:00PM<br>BST<br>NO PUBLIC SWIM        | 3:30-5:00PM<br>BST<br>NO PUBLIC SWIM        | 3:30-5:00PM<br>BST<br>NO PUBLIC SWIM        |  |                                       | CLOSED |
| 5:00-6:30<br>LAP SWIM/WW<br>ALL LANES       | 5:00-6:30<br>LAP SWIM/WW<br>ALL LANES       | 5:00-6:30<br>LAP SWIM/WW<br>ALL LANES       | 5:00-6:30<br>LAP SWIM/WW<br>ALL LANES       |  |                                       | CLOSED |
| 6:30-7:15PM<br>SWIM LESSONS                 | 6:30-7:15PM<br>SWIM LESSONS                 | 6:30-7:15PM<br>SWIM LESSONS                 | 6:30-7:15PM<br>SWIM LESSONS                 |  |                                       |        |
| 7:30-9:00PM<br>PUBLIC<br>OPEN SWIM          |   | 7:30-9:00PM<br>PUBLIC<br>OPEN SWIM          |   |  |                                       |        |

# YMCA BABY POOL SCHEDULE

June 9th – August 25th OPEN FOR AGES 6 & UNDER

WITH ADULT SUPERVISION



| Monday  | Tuesday                                      | Wednesday                                     | Thursday                                     | Friday   | Saturday                    | Sunday        |
|---|--|---|--|--|-----------------------------|---------------|
| 7:00–8:00<br>OPEN TO PUBLIC                   | 7:00–8:00<br>OPEN TO PUBLIC                  | 7:00–8:00<br>OPEN TO PUBLIC                   | 7:00–8:00<br>OPEN TO PUBLIC                  | 7:00–8:00<br>OPEN TO PUBLIC                    |                             | <b>CLOSED</b> |
| 8:00–9:30<br>WATER AEROBICS<br>OPEN TO PUBLIC | 8:00–9:00<br>EZ CARDIO<br>OPEN TO PUBLIC     | 8:00–9:30<br>WATER AEROBICS<br>OPEN TO PUBLIC | 8:00–9:00AM<br>EZ CARDIO<br>OPEN TO PUBLIC   | 8:30–10:00<br>WATER AEROBICS<br>OPEN TO PUBLIC | 8:00–9:30<br>OPEN TO PUBLIC | <b>CLOSED</b> |
| 10:00–10:45<br>SWIM LESSON<br>NO PULBIC SWIM  | 10:00–10:45<br>SWIM LESSON<br>NO PULBIC SWIM | 10:00–10:45<br>SWIM LESSON<br>NO PULBIC SWIM  | 10:00–10:45<br>SWIM LESSON<br>NO PULBIC SWIM | PRIVATE LESSON<br>TIME<br>NO PUBLIC SWIM       |                             | <b>CLOSED</b> |
| 11:00–1:00<br>OPEN PUBLIC                     | 11:00–1:00<br>OPEN PUBLIC                    | 11:00–1:00<br>OPEN PUBLIC                     | 11:00–1:00<br>OPEN PUBLIC                    | 11:00–1:00<br>OPEN PUBLIC                      |                             | <b>CLOSED</b> |
| 1:30–3:00<br>PUBLIC<br>OPEN SWIM              | 1:30–3:00<br>PUBLIC<br>OPEN SWIM             | 1:30–3:00<br>PUBLIC<br>OPEN SWIM              | 1:30–3:00<br>PUBLIC<br>OPEN SWIM             | 1:30–3:00<br>PUBLIC<br>OPEN SWIM               |                             | <b>CLOSED</b> |
| 3:30–5:00<br>BST<br>NO PUBLIC SWIM            | 3:30–5:00<br>BST<br>NO PUBLIC SWIM           | 3:30–5:00<br>BST<br>NO PUBLIC SWIM            | 3:30–5:00<br>BST<br>NO PUBLIC SWIM           |  |                             | <b>CLOSED</b> |
| 5:00–6:30<br>SWIM LESSONS                     | 5:00–6:30<br>OPEN TO PUBLIC                  | 5:00–6:30<br>SWIM LESSONS                     | 5:00–6:30<br>OPEN TO PUBLIC                  |  |                             | <b>CLOSED</b> |
| 6:30–7:15<br>SWIM LESSON<br>NO PUBLIC SWIM    | 6:30–7:15<br>SWIM LESSON<br>NO PUBLIC SWIM   | 6:30–7:15<br>SWIM LESSON<br>NO PUBLIC SWIM    | 6:30–7:15<br>SWIM LESSON<br>NO PUBLIC SWIM   |  |                             |               |
| 7:30–9:00<br>PUBLIC<br>OPEN SWIM              |  | 7:30–9:00<br>PUBLIC<br>OPEN SWIM              |  |  |                             |               |