

YMCA Childcare Daily Schedule

7:45—8:30: Arrival/Free Play

8:30—9:00: Circle Time

9:00—9:15: Potty & Diaper Changes

9:15—9:45: Outside Play/Physical Activity

9:45—10:15: Wash Hands/Morning Snack

10:15—10:45: Art Activity

10:45—11:00: Clean-up/Wash Hands

11:00—11:30: Music/Nursery Song Time

11:30—12:00: Lunch Time

12:00—12:15: Story Time

12:15—12:30: Potty & Diaper Changes

12:30—3:00: Nap Time/Quiet Time

3:00—3:30: Wash Hands/Afternoon Snack/Potty &
Diaper Checks

3:30—4:00: Days Planned Activity

4:00—4:30: Outside Play/Physical Activity

4:30—5:00: Free Play

5:00—5:15: Clean-up/Pick-up