



YMCA POOL SCHEDULE FALL/WINTER 2023

DAY/TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30-8:00AM		*LAP SWIM		*LAP SWIM	
7:00-8:00AM	*LAP SWIM	*LAP SWIM	*LAP SWIM	*LAP SWIM	*LAP SWIM
8:00-9:00AM	WATER AEROBICS SHALLOW WATER	EZ CARDIO	WATER AEROBICS SHALLOW WATER	EZ CARDIO	WATER AEROBICS SHALLOW WATER
8:30-9:30AM	WATER AEROBICS DEEP WATER		WATER AEROBICS DEEP WATER		WATER AEROBICS DEEP WATER
9:00-10:30 AM		5J SCHOOL DISTRICT		5J SCHOOL DISTRICT	
11:00-1:00PM	*LAP SWIM	*LAP SWIM	*LAP SWIM	*LAP SWIM	*LAP SWIM
1:30-3:00PM	SCHOOL SWIM LESSONS	SCHOOL SWIM LESSONS	SCHOOL SWIM LESSONS	SCHOOL SWIM LESSONS	*OPEN SWIM
3:45-5:00PM	BST/BHS SWIM TEAM	BST/BHS SWIM TEAM	BST/BHS SWIM TEAM	BST/BHS SWIM TEAM	BHS SWIM TEAM
5:00-6:30PM	*LAP SWIM	*LAP SWIM	*LAP SWIM	*LAP SWIM	*OPEN SWIM

DAY/TIME	SATURDAY
8:00-9:30AM	*LAP SWIM
9:30-11:00AM	*OPEN SWIM

***TRAINING POOL OPEN FOR PUBLIC USE**

OPEN SWIM RATES (PER SESSION):

AGES 0-2	FREE W/ PAID ADULT
AGES 3-18	\$4.00
AGES 19-59	\$5.00
AGES 60+	\$4.00

DAY PASS RATES (LAP SWIM & WATER AEROBICS NON-MEMBERS)

AGES 0-2	FREE W/ PAID ADULT
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