



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BOOTCAMP

CHALLENGE YOURSELF

Need help getting to the next level?

Boot camp is designed to push you out of your comfort zone. Getting past the plateau's in fitness is tough, so let our Boot camp trainer help you reach your goals.

Tuesday's and Thursday's at North Baker from 5:30-6:30



bakerymca.org

Visit our web site for full class schedules!

(541) 523-4050